



Hold Your Waist	Catch the Butterfly
Swim Forward	Button
Shoot the Stars	Flutter
Clap Hands	Knee Wobble





Tick Tock	Swim Backwards
Splash the Water	Headache
Paint the Walls	Mow the Lawn
Push, Circle, High-5	Aloha!!!





Own the Dance Floor	Push Back
Opposite Arm Swing	Elbow Flick
The Wrap	Pass the Cookies
Taffy Pull	Pick the Flowers





Shake the Salt Shaker	Pick the Flowers
Put Your Boots On	Raise the Roof
Tin Soldier	Oh!!
Around the Head	Shop for Groceries





Elbow Flick	The Wrap
Pass the Cookies	Disco Point
Around the Head	Shoulder Wiggle
Bump	Antelope Horns





Cross, Push, Cross, Reach Up	Mud
Body Wave Front and Back	Diagonal Reach
Basketball Shot	Throw the Baseball
Fire Cracker	Fold Hands and Push





Medium Hug	Double Swim
Scoop	Rag Doll
Loose Hug	Arm, Pit, and Ear
Hide and Seek	Stuck in the Mud





Fly Like a Bird	Up and Down
Push, Push, Clap	Spider
Put Your Belt On	Grind the Pepper
Super Hero	Wax On, Wax Off





Sprinkler	Running Man
Video Game	Rocky
Hip Hop	Jump Around
Slide, Roll, Push	Wind Up to Whip





Hype	Floss
Electro Shuffle	Fresh
Smooth Moves	Disco Fever
Groove Jam	Wiggle