

Snowball Target Mission

Grades: 3-8 [YouTube]

EQUIPMENT

- Foam balls
- Spot Markers
- Targets (ex. bowling pin, hula hoop, or paper snowman taped to the wall)
- Mission Worksheet

SET-UP

- Students in groups of 2-3
- Each group needs a ball, spot, target, and Mission Worksheet
- Space the spot and target at a developmentally appropriate distance

OBJECTIVE

To score as points as possible in the Snowball Target Mission.

DESCRIPTION

- Today each of you has a Snowball Target. Your mission is to score as many points as possible for each of the assignments described on the worksheet.
- Take turns completing each assignment and track progress as you go.

NOTES FOR TEACHER

- Set this activity up as stations throughout the playing area with different targets at each.
- Challenge older students can take turns assessing each other on the steps in each assignment.

PE2020 STRATEGIES

- Physically Distant: Students can work individually instead of in groups.
- At Home: Use available equipment like a laundry basket target and sock ball.

STANDARDS

- MOVEMENT SKILLS & CONCEPTS: Students demonstrate skill competency and can apply concepts and strategies to movement and performance.
- DEMONSTRATES RESPONSIBLE BEHAVIORS: Students demonstrate responsible personal and social behavior.

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