

## FOR ACTIVE CLASSROOMS

# **Happy Snowman**

Grades: K-5 [YouTube]

#### **EQUIPMENT**

- Snowman Piece Cut-out Template
- Happy Snowman Exercise Chart
- Bean Bags (or Paper Ball)

#### SET-UP

- Provide students time to cut out snowman pieces.
- Display Exercise Chart for all students to see.
- Place snowman pieces on a chair.
- Students stand 10 paces away from the chair holding a bean bag.

#### **OBJECTIVE**

• To toss a bean bag on a chair in order to collect all pieces of the snowman.

#### **DESCRIPTION**

- Today's Activity is called Happy Snowman. The objective is to successfully toss your ban bag onto your chair and collect pieces of your snowman.
- On the start signal, perform an underhand toss. If your bean bag lands on the chair, collect both your bean bag and 1 piece of your snowman.
- Each piece is numbered, but you can collect them in any order. After returning with your snowman piece, perform the exercise matching the piece number that is listed on the chart.
- Continue until you have collected all pieces and assembled your Happy Snowman.

#### NOTES FOR TEACHER

- Challenge students to use different locomotor movements when retrieving their bean bag.
- If time permits, students can glue their snowman onto a piece of paper and color with crayons.

### AT HOME VARIATION

Students can play with a sock ball.

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