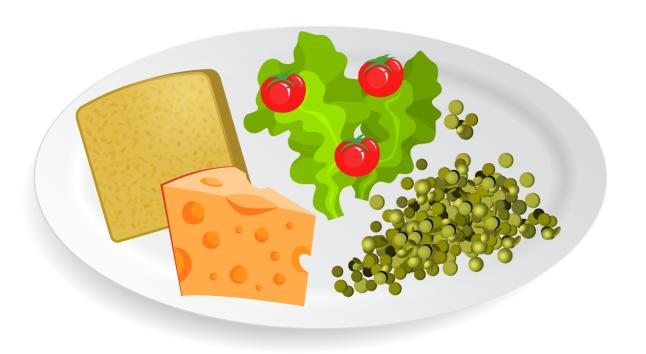


Memory Plate

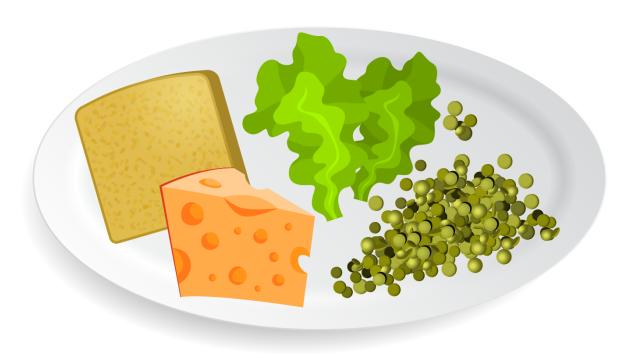
Nutrition Game Cards



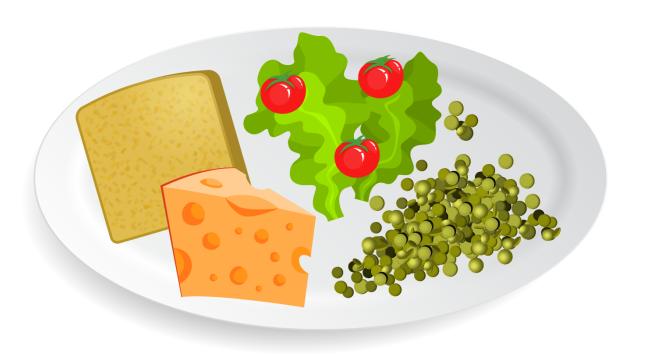






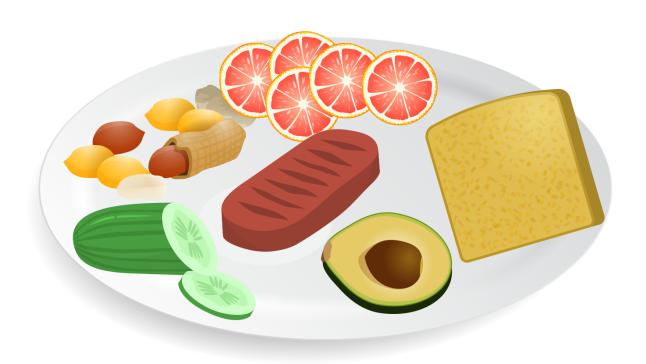




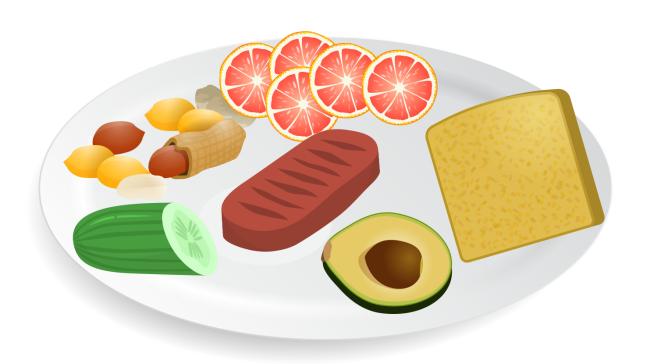


SQUATS

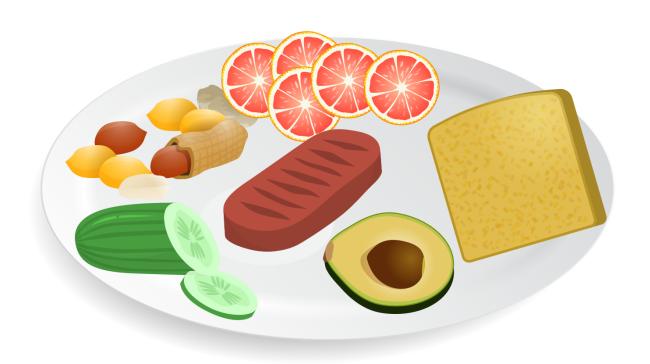






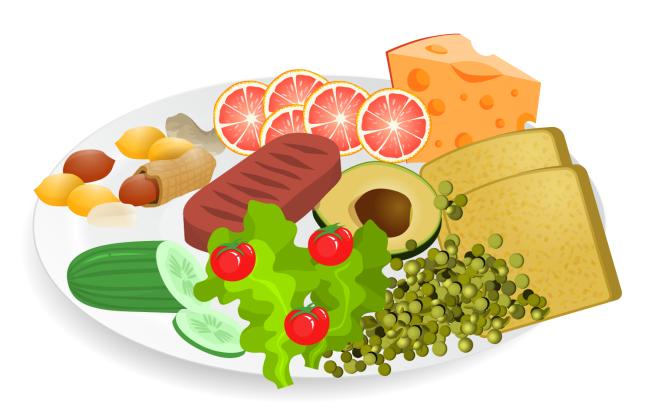




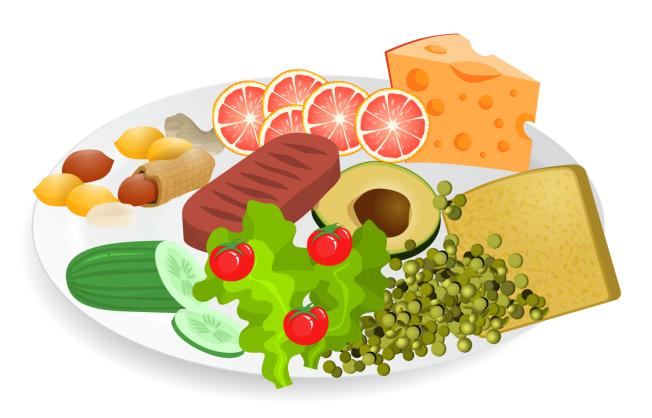


BURPEES

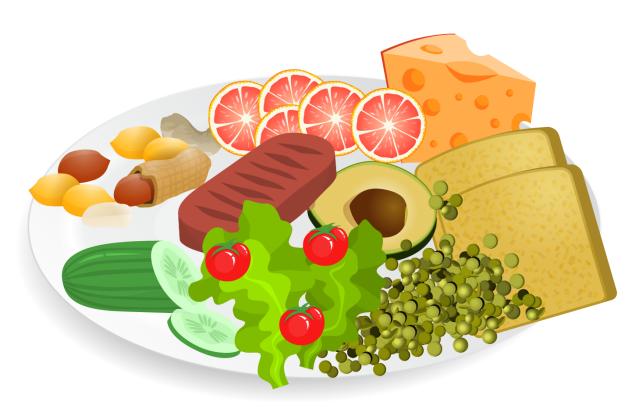












PLANK SHOULDER TAPS

